

U6 – Managing the Game

Most strong "teams" at U6 are due to the abilities of an individual player. A player that is more coordinated and athletic can dominate a game. Occasionally, a group of players who have played a season together can also dominate.

Some suggestions to help balance the game, and challenge the player:(s)

Individual challenges:

- "Try to pass to a teammate before you try to score."
- "Try to pass to all of your teammates before trying to score."
- "Can you help a teammate to score before you try to score again?"
- "Can you try to use your left (non-dominant foot) to try and score?"

Team challenges:

- "Can everyone touch the ball before we try to score?"
- Alternatively, a coach can bring their team back to the half-way line (or even further back) when the other team is attempting a goal-kick.
- Instead of attacking two goals, remove one and try to score on a single goal.